

Bagel Toppings

Regular Shmear



Plain



Onion & Chive



Smoked Salmon

25% Reduced Fat Shmear



Plain



Strawberry



Honey Almond



Jalapeño Salsa



Garden Veggie

More Toppings

Butter Blend
Honey Butter
Hummus

Peanut Butter
PB&J

Contains Nuts

Any Signature or Classic Drink
Hot, Iced or Frozen**

Signature

Caramel Macchiato
Vanilla Latte
Vanilla Hazelnut Latte
White Chocolate Mocha
Hazelnut Mocha

Classic

Cappuccino
Chai Tea Latte
Latte
Mocha

Neighborhood

Fresh-Brewed Coffee
Iced Coffee
Hot Chocolate
Premium Tea

Free Pour

Orange Juice
Blackberry Lemonade

Low-Fruit Smoothies

Strawberry Banana
Mixed Berry

Fountain & Fresh Brewed Tea

Offerings vary by location



**At participating locations
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Breakfast

Fresh-Baked and Served All Day

Egg Sandwiches

- Applewood Bacon & Cheddar
- Turkey-Sausage & Cheddar
- Spinach, Mushroom & Swiss 🌱
- Ham & Swiss
- Cheddar Cheese 🌱

Egg Wrap

- Santa Fe Turkey-Sausage
- Turkey-Sausage, Pepper Jack Cheese, Salsa with Jalapeño Shmear on a Whole Wheat Tortilla

Fresh-Baked Bagels

Bagels

- | | |
|-----------------|-------------------|
| Asiago | Honey Whole Wheat |
| Blueberry | Plain |
| Chocolate Chip | Power Protein 🥜 |
| Cinnamon Raisin | Sesame |
| Cinnamon Sugar | Sourdough |
| Everything | |

Bagel Boxes

Baker's Dozen Box

13 Bagels & 2 Shmear Tubs

Half Dozen Box

6 Bagels & 1 Shmear Tub

Add-Ons

Extra Tub of Shmear

🌱 Vegetarian: May contain dairy and/or egg
🥜 Contains Nuts

Lunch

Always Made Fresh

Signature Sandwiches

- Tasty Turkey
- Roasted Turkey, Spinach, Cucumbers, Lettuce, Tomato with Onion & Chive Shmear on an Asiago Bagel
- Turkey, Bacon & Avocado
- Roasted Turkey, Applewood Bacon, Avocado, Lettuce, Tomato with Roasted Tomato Spread on a Honey Whole Wheat Bagel
- Turkey Club Mex Wrap
- Turkey, Applewood Bacon, Pepper Jack Cheese, Lettuce, Tomato, Red Onion & Ancho Mayo on a Whole Wheat Tortilla
- Veg Out® 🌱
- Spinach, Cucumbers, Lettuce, Tomato, Red Onion, with Garden Veggie Shmear & Roasted Tomato Spread on a Sesame Seed Bagel

- Nova Lox*
- Nova Lox, Red Onion, Cucumbers, Capers, Tomato with Plain Shmear on a Plain Bagel

Hot Sandwiches

- Served on Ciabatta Bread
- Italian Chicken
- Sliced Chicken Breast, Pepperoni, Mozzarella Cheese, Roasted Red Peppers, Spinach & Basil Pesto
- Turkey Club
- Roasted Turkey, Applewood Bacon, Mozzarella Cheese, Tomato, Spinach with Roasted Tomato Spread

Build Your Own Deli Sandwiches

- Served on Multigrain Bread, Bagel or Wrap
- Turkey & Cheddar
- Ham & Swiss
- Albacore Tuna Salad
- Chicken Salad 🥜

Favorites

- Pizza Bagels
- Marinara Sauce, Mozzarella & Asiago Cheeses on a Plain Bagel. Choice of Pepperoni or Cheese
- Bagel Dogs
- Quarter Pound All-Beef Hebrew National® Hot Dog wrapped in a Plain or Asiago Bagel

*COLD SMOKED SALMON IS NOT COOKED.
CONSUMING RAW OR UNDER COOKED SEAFOOD
MAY INCREASE THE RISK OF FOODBORNE ILLNESS.

Smart Choices

Under 410 Calories & 16g Fat



Thintastic™ Eggwhites

- Asparagus, Mushroom & Swiss 🌱
- Eggwhites, Roasted Asparagus, Sautéed Mushrooms & Swiss Cheese with Roasted Tomato Spread on a Whole Wheat Thintastic™ Bagel **320 Cal**
- Southwest Turkey-Sausage
- Eggwhites, Turkey-Sausage, Pepper Jack Cheese, Tomatillo Salsa with Reduced Fat Plain Shmear on a Plain Thintastic™ Bagel **380 Cal**

Thintastic™ Lunch

- Thintastic™ Buffalo Chicken
- Sliced Chicken Breast Marinated in Frank's® RedHot® Sauce, Lettuce, Tomato, Red Onion with Reduced Fat Plain Shmear on a Plain Thintastic™ Bagel **400 Cal**
- Thintastic™ Club
- Turkey, Applewood Bacon, Avocado, Lettuce, Tomato with Roasted Tomato Spread on a Whole Wheat Thintastic™ Bagel **400 Cal**

Soup Cup or Bowl

- Turkey Chili **280 Cal**

Low-Fat Smoothies & Parfait

- Strawberry Banana Smoothie **330 Cal**
- Mixed Berry Smoothie **320 Cal**
- Low-Fat Yogurt, Fruit & Granola 🥜 **170 Cal**

Fresh Chopped Salads

Available in our Grab & Go cooler



Items vary by location and are subject to change.